Originators of the Strain Counterstrain www.jiscs.com



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SCS III - Cranial

SCS III focuses on the Strain and Counterstrain approach to evaluating and treating cranial dysfunction. Demonstrations of the local and full body effect of SCS Cranial with emphasis on specific muscle strengthening outcomes are presented. Special sections on Nasal Sinus treatment, TMJ treatment and Hyoid bone balancing are highlighted. An introduction to advanced SCS venous/lymphatic approach and arterial approach are presented through demonstration and practice of the vascular Cranial techniques. Spinal dural releasing through cranial manipulation is also shown and practiced. Cranial anatomy and cranial palpation will be reviewed. The class finishes with full body scanning training.

Prerequisite: any one of - SCS I or SCS II or SCS UQ or SCS PP

Outline:

- SCS Cranial evaluation & Treatment lab covering 57 techniques
- SCS for Nasal Sinuses
- SCS for TMJ dysfunction
- SCS for Hyoid Bone balancing
- Spinal Dural Releasing
- SCS Cranial Venous/Lymphatic techniques
- SCS Cranial Arterial techniques
- Full Body Scanning

Objectives:

Upon completion each student will be able to:

- Perform the SCS cranial evaluation
- Perform the SCS cranial techniques for common cranial dysfunction
- Release the spinal dura
- Understand the local and full body effects of the SCS cranial approach
- Perform a full body scan.

Course Schedule:

Day One:		Day Two:		Day Three:	
8:00 - 8:30	Registration	8:30 - 10:00	Sinus Treatment	8:30 - 10:00	Cranial Arterial Techniques
8:30 - 10:00	Introductory Lecture	10:00 - 10:15	Break	10:00 - 10:15	Break
10:00 - 10:15	Break	10:15 - 12:00	TMJ Treatment		
10:15 - 12:00	Cranial Evaluation			10:15 - 1:30	Spinal Dural Release
12:00 - 1:00	Lunch	12:00 - 1:00	Lunch		
1:00 - 3:00	Cranial Treatment	1:00 - 3:00	Hyoid Bone Treatment	1:30 - 2:30	Full Body Scanning
3:00 - 3:15	Break	3:00 - 3:15	Break		
3:15 - 5:00	Cranial Treatment	3:15 - 5:00	Cranial Venous & Lymphatics Techniques	2:30 - 3:30	Wind Down Lecture